

Town of Plaistow
Elder Affairs Committee
May 25, 2016

A regular meeting of the Elder Affairs Committee was called to order at 1:00pm at Town Hall

Present

Susan Sherman, Chair
Brenda Major, Vice Chair
Catherine Willis, Secretary
Lori Sadewicz
Joyce Ingerson
Christina Cruz
Peter Bracci-Selectmen Representative

Not Present/Excused

Emily Low
Barbara Tavitian
Tim Moore
Linda Cleary

Secretary's Report

***Motion made by Lori Sadewicz to accept the secretary's report. Second by Joyce Ingerson. Motion passed 4-0-3 (Cruz, Bracci, and Major).**

Correspondence and Communication

S. Sherman had information on the new state law that took effect January 1. The Caregiver, Advise, Record, Enable (CARE) Act, in order to reduce hospital readmissions, allows every hospital patient to designate a family caregiver and the hospital must notify the caregiver about discharge plans and show the caregiver how to perform follow-up tasks the patient will need at home,

C. Willis will obtain from ServiceLink, if possible, a wallet sized card that summarizes caregivers' rights under the law for distribution to Plaistow elderly at the Senior Tea and other senior events.

Old Business

Visiting of Homebound:

J. Ingerson discussed different issues she had encountered in her work position. Committee is uncomfortable in having this a task of this committee. This will not be pursued at this time.

Senior Sizzler:

Discussion regarding having the newsletter printed as other towns have done. J. Ingerson to request a donation from area businessmen to help cover costs. C. Willis will update the proposal from Loral Press and forward to S. Sherman to discuss with the Town Manager. A year ago the estimate for a single edition of 600 copies in black and white for \$451.00. The newsletter currently is produced three times a year. L. Sadewicz and C. Cruz will check on the cost the town now pays for postage and supplies for in-house producing.

*Motion was made by S. Sherman to bring updated information to Town Manager for having a local press prepare, copy and mail the three times yearly editions of the Senior Sizzler". Second by L. Sadewicz. Motion passed 7-0-0

Due date for October 1 articles to be sent to Christina Cruz by September 9. No articles will be accepted for publication after this date. Publication and mailing will be September 28 at the regular meeting.

Suggestions made for articles include the addition of a Word Search puzzle, ?jokes, updates on winter parking from the Highway Department Supervisor, changing batteries in smoke, fire, CO alarms by the Fire Department, winter flowering plants, free mammogram during October.

Publication will cover months of October, November, December, and January.

Senior Transportation:

Continues to be a request. L. Sadewicz discussed her research and opportunities to apply for grants.

New Business

Goals for 2016-2017

1. Transportation continues to be a major issue and committee will actively pursue opportunities to either partner with a group providing transportation or develop a Plaistow-based system.
2. Develop further the senior newsletter mailing list to reach all seniors within the town

Next Meeting:

No meeting will be scheduled for **June, July, August and December** unless there is a need.

The next meeting will be on September 28, 2016 at the Town Hall at 1pm.

Submitted by:
Catherine Willis, Secretary